RESOLUTION NO.

A RESOLUTION AUTHORIZING THE SUBMISSION OF A GRANT APPLICATION TO THE CHEYENNE REGIONAL MEDICAL CENTER FOR THE LARAMIE COUNTY PREVENTION GRANT, ON BEHALF OF THE GOVERNING BODY OF LARAMIE COUNTY, WYOMING TO REQUEST FUNDING FOR THE CORONER'S DEPARTMENT IN THE AMOUNT OF \$4,500.00

FOR THE PURPOSE OF: REQUESTED FUNDS WILL BE USED FOR THE PURCHASE OF APPROXIMATELY 300 PAD FOLIOS AND 360 BOOKS TO BE USED BY THE CORONER'S OFFICE, CITY OF CHEYENNE VICTIM SERVICES AND THE SHERIFF'S DEPARTMENT VICTIM SERVICES PROGRAMS FOR SUICIDE PREVENTION.

WITNESSETH

WHEREAS, the Cheyenne Regional Medical Center received Federal Prevention pass through funds from the Wyoming Department of Health and;

WHEREAS, the Cheyenne Regional Medical Center distributes a portion of these funds to Laramie County agencies and nonprofits for seed grants and;

WHEREAS, the Laramie County Board of Commissioners is eligible to apply for and receive Prevention Grant funds for the Coroner's Department and;

WHEREAS, the Governing Body of Laramie County desires to participate in the Cheyenne Regional Medical Center Prevention Grant by sponsoring this application to assist in financing the Coroner's Department; and

WHEREAS, the Governing Body of Laramie County has been provided with preliminary cost estimates and information on this project; and

NOW, THEREFORE, BE IT RESOLVED BY THE GOVERNING BODY OF LARAMIE COUNTY that a grant application in the amount of \$4,500.00 be submitted to the Cheyenne Regional Medical Center for consideration of assistance in funding the Laramie County Coroner's Department for suicide prevention.

BE IT FURTHER RESOLVED, that Sandra Newland, or her successor in the position of Laramie County Grants Manager, is appointed as agent of the Laramie County Board of Commissioners to execute and submit applications and certifications for these funds and to receive funds and implement the programs funded under this grant.

PASSED, APPROVED AND ADOPTED THIS 16th DAY OF APRIL, 2019.

| ру | Date: |
|---|---------------|
| Linda Heath, Chairman | |
| ATTEST: | |
| | Date: |
| Debra Lee, Laramie County Clerk | |
| | |
| Received and Approved as to Form only By: | Date: 3/29/19 |
| Mark Voss, County Attorney | |

Laramie County Prevention Grant Application

Please complete by April 26, 2019. * Required Organization (Legal name) * Laramie County Coroner's Office in Parti Physical Address * 3964 Archer Parkway, Cheyenne, WY 82009 Key Contact for Project * Rebecca Reid Phone Number * 307-637-8000 E-mail * rebeccar@laramiecounty.com Estimated Timeline * Six months Amount of Funding Requested * \$4,500.00

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| Topic(s) to be Addressed * |
|---|
| ○ Tobacco |
| O Alcohol |
| Suicide |
| Other drugs |
| Multiple topics |
| |
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Laramie County Prevention Grant **Application**

* Required

Suicide

| Are | ea of Focus (check all that apply) * |
|--------------|---|
| | Goal 3: Increase knowledge of the factors that offer protection from suicidal behaviors and that promote wellness and recovery |
| ✓ | Goal 5: Develop, implement, and monitor effective programs that promote wellness and prevent suicide and related behaviors |
| | Goal 7: Provide training to community and clinical service providers on the prevention of suicide and related behaviors |
| | Goal 9: Promote and implement effective clinical and professional practices for assessing and treating those identified as being at risk for suicidal behaviors |
| \checkmark | Goal 10: Provide care and support to individuals affected by suicide deaths and attempts to promote healing and implement community strategies to help prevent further suicides |

Laramie County Prevention Grant **Application**

* Required

Project Description

Situation: Briefly describe your request, define how the activities proposed will benefit the community, and describe the capacity of your organization to implement the activities. *

We are requesting funding to be able to purchase educational materials, on coping and processing suicide, to hand out to family members of suicide victims. The Coroner's Office, in partnership with local victim advocates will carry materials available for distribution to household members affected by the suicide of a loved one. These activities will directly relate to goal number ten which is "to provide care and support to individuals affected by suicide deaths and attempts to promote healing and implement community strategies to help prevent further suicides." Having the appropriate reference and resource materials available on scene will help individuals immediately when they are the most vulnerable after losing a loved one to suicide. We are requesting several books for each advocate to have available to provide to families. Our department, along with the two victim service agencies, cover all of Laramie County and have the capacity to work and impact the entire county from Cheyenne to the smaller communities of Albin, Burns and Pine Bluffs.

Background: Detail the causes, conditions, or needs that have led to this request. Describe how the activities proposed will enhance community well-being. *

Unfortunately, high suicide rates and the lingering effects are not new to Laramie County. The State of Wyoming is second in the nation on the prevalence of suicide deaths, 27.1 per 100,000 deaths. Our departments have seen high suicide rates in the community and the long-lasting affects those deaths have on the families and communities as a whole. Statistics and research show that people with a family history of completed suicide, as compared with those without such family history, are at a 2.1 fold increased risk of committing suicide. Our departments currently carry folders that have printed materials such as brochures, but this limited information is not always enough for a grieving family. We have received requests for additional information and that is where our request comes into play. The requested funding would be to purchase resource materials, such as books and journals, for families to utilize. These materials would be carried by the victim advocates and coroner's staff at all times. In simply having materials immediately available, we are providing a quick response to those at risk for suicidal thoughts or actions. We do work closely with Grace for 2 Brothers and receive some of our wonderful brochure materials from them and will continue this effort, this request is to enhance the available resources for grieving families.

Analysis: Provide data illustrating the need and describe the evidence-based strategies that have been selected for implementation. Describe the service area for implementation (i.e. Laramie County, Cheyenne, Pine Bluffs, etc.) *

Our implementation area will be all of Laramie County to include the smaller jurisdictions and the unincorporated county. Suicide is a societal component that cannot be predicted, but we do know that family members of suicide victims are at an increased risk for suicide themselves. "Having a family history, like exposure to any other risk factors, indicates that a person is at an increased risk in comparison to people without such exposures; it cannot predict if the person is destined to attempt or complete suicide" (The Relationship of Suicide Risk to Family History of Suicide and Psychiatric Disorders, 2003). The Laramie County Coroner, Rebecca Reid, has been tracking suicide rates here in our community based upon age, gender and method since 2013. Unfortunately Our project will be examining goal number ten, objective 10.1: on establishing effective comprehensive support programs for individuals bereaved by suicide, and promote the full implementation of those guidelines within the community.

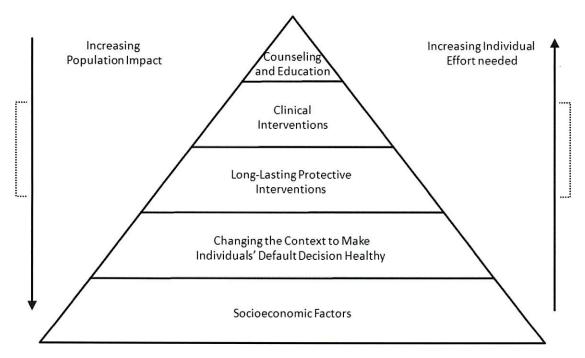
Request: Provide a detailed budget to explain how funding will be allocated. *

We are requesting \$4,500 for our three agencies to share resources (Coroner, County Victim Services and City Victim Services). We are estimating thirty books of each resource and we are also requesting 300 yellow folders to continue to print off materials from Grace for 2 Brothers to carry in advocates, deputies, officers and the coroner vehicles. The books and resource materials that we are requesting include: Surviving the Loss of a Child, Grief & Grieving Adult Coloring Book: and Grief Diary, But I Didn't say Goodbye: Helping Children and Families after Suicide, The Understanding your Suicide Grief Journal: Exploring the Ten Essential Touchstones, No Time to Say Goodbye: Surviving the Suicide of a Loved One, Why Would Someone Want to Die, Tear Soup: A Recipe for Healing After Loss, Finding your Way After the Suicide of Someone you Love, After a Parents Suicide: Helping Children Heal, Dying to be Free: A Healing Guide for Families After a Suicide, and My Grief Journey: Coloring Book and Journal for Kids. Books range in price from \$6.89 to \$19.95 each without shipping expenses. We are estimating spending \$4,145 on books, \$104 on folders and \$251 on shipping for a total of \$4,500.00

Evaluation: Please describe how you will evaluate the process and impact of your program or strategy. *

Our strategy is fairly easy to evaluate. We will all keep track of how many resources we hand out to families on our calls to suicides, this data will be collected in a spreadsheet for use by all parties. Extra materials will be held at the Laramie County Coroner's Office to be picked up by the Victim Services agencies. We will also make notations on additional requests and the most popular materials requested. It is our hope and goal to provide immediate support to families who have lost a loved one to suicide to prevent additional suicides within the family. We are basing our need off of studies that demonstrate a significantly higher risk for suicidal behavior among family members. By providing readily available information we are hoping to reduce the numbers of suicides in our community of Laramie County.

Health Impact Pyramid



Frieden TR. Am J Public Health 2010;100(4):590-5

Please select the level from the Health Impact Pyramid where the project fits best. *

- Counseling and Education (i.e. Dietary counseling, education to avoid drinking and driving, etc.)
- O Clinical Interventions (i.e. Treatment of hypertension, medication-assisted treatment, etc.)
- O Long-Lasting Protective Interventions (i.e. Tobacco cessation programs, brief behavioral counseling to reduce alcohol consumption, etc.)
- Changing the Context to Make Individuals' Default Decision Healthy (i.e. smoke-free laws, tobacco or alcohol taxes, etc.)
- O Socioeconomic Factors (i.e. Early childhood education, improved housing options, etc.)

| I understand that as a recipient of these funds, I will be required |
|---|
| to actively participate in Laramie County Community Action |
| Teams. * |
| Yes |

This is a required question

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Laramie County Prevention Grant Guidance

Cheyenne Regional Medical Center is committed to supporting community prevention efforts that improve the health of the region we serve. Cheyenne Regional, in collaboration with Laramie County, is soliciting applications for the prevention of the use, misuse, or abuse of tobacco, alcohol, or controlled substances, and activities designed to prevent suicide.

The application period will be March 22, 2019 – April 26, 2019. Applications will be evaluated on the following factors: budget, capacity, evidence-based strategies or programs, and service area. Contracts for these funds will run from Effective date – June 15, 2020. Applications must be completed through the Google Form here: https://goo.gl/forms/OQFwd2UnqrOsZEsy1. Projects must be linked to a specific level of the Health Impact Pyramid (Attachment 1) in the application. Applications must be related to the areas of focus defined by the Laramie County Community Action Teams included under each funding amount below.

Funding Amounts and Areas of Focus:

1. Tobacco: up to \$98,800.00

At least one goal from the CDC's National Tobacco Control Program: (https://www.cdc.gov/tobacco/stateandcommunity/tobacco_control_programs/ntcp/index.htm)

2. Alcohol (adult binge drinking): up to \$107,080.00

Prioritized causal domains (https://www.wyomingpreventiondepot.org/strategies/causal-areas/): social availability or community norms

3. Alcohol (underage use): up to \$115,300.00

Prioritized causal domains: social availability or community norms

4. Opioid/prescription drug and other drugs: up to \$57,600.00

Prioritized causal domains: social availability, community norms, or law enforcement.

5. Suicide: up to \$55,900.00

Prioritized goals from the National Strategy for Suicide Prevention Goals (https://theactionalliance.org/our-strategy/national-strategy/2012-national-strategy): Goal 3, 5, 7, 9, or 10.

Cheyenne Regional, in collaboration with Laramie County, will consider requests to provide:

- Programs that are evidence-based and focus on primary, secondary, or tertiary prevention of tobacco, alcohol, suicide, or other drugs.
- Programs that are data-driven and build capacity within existing community assets, while minimizing duplication of effort.
- Programs that emphasize collaboration with diverse community partners, to deliver culturally appropriate, effective, and sustainable prevention practices appropriate for the population being served.

- Funded partners must be an active participant or commit to becoming an active participant on relevant Laramie County Community Action Teams.
- There is <u>no guarantee</u> of continued funding. Grant agreements will be executed between Cheyenne Regional and the requesting organization.
- Organizations will be required to report monthly using the Cheyenne Regional provided template.

Funds for the Prevention Grant include both federal and state funding and are subject to restrictions accordingly. Funds may not be used for restricted activities to include, but not limited to: DUI education; substance abuse assessments; individual client services; capital construction projects or the purchase of buildings or other long-term capital investments; endowment funding; religious purposes; grants to individuals; payment of deficits or retirement of debt; supplanting; programs or services that deny service based on sex, color, race, religion, national origin, sexual orientation, or disability; any program or organization with a direct conflict of interest.

Committee reserves the right to request a copy of the most recent financial audit; you will be notified if that is needed.

Good luck!