

RESOLUTION NO.

A RESOLUTION AUTHORIZING THE SUBMISSION OF A GRANT APPLICATION TO THE CHEYENNE REGIONAL MEDICAL CENTER FOR THE LARAMIE COUNTY PREVENTION GRANT (FY2023-2024), ON BEHALF OF THE GOVERNING BODY OF LARAMIE COUNTY, WYOMING TO REQUEST FUNDING FOR THE CORONER'S OFFICE IN THE AMOUNT OF \$12,000.00

FOR THE PURPOSE OF: REQUESTED FUNDS WILL BE USED BY THE CORONER'S OFFICE TO PROVIDE SUICIDE PREVENTION RESOURCES, SUCH AS BOOKS AND JOURNALS TO THOSE THAT HAVE LOST A LOVED ONE TO SUICIDE.

WITNESSETH

WHEREAS, the Cheyenne Regional Medical Center is to receive Federal Prevention pass through funds from the Wyoming Department of Health and;

WHEREAS, the Cheyenne Regional Medical Center will distribute a portion of these funds to Laramie County agencies and nonprofits for seed grants and;

WHEREAS, the Laramie County Board of Commissioners is eligible to apply for and receive Prevention Grant funds for the Coroner's Office and;

WHEREAS, the Governing Body of Laramie County desires to participate in the Cheyenne Regional Medical Center Prevention Grant by sponsoring this application to assist in financing the Coroner's Office and;

WHEREAS, the Governing Body of Laramie County has been provided with preliminary cost estimates and information on this project and;

NOW, THEREFORE, BE IT RESOLVED BY THE GOVERNING BODY OF LARAMIE COUNTY that a grant application in the amount of \$12,000 be submitted to the Cheyenne Regional Medical Center for consideration of assistance in funding the Laramie County Coroner's Office for suicide prevention.

BE IT FURTHER RESOLVED, that Sandra Newland, or her successor in the position of Laramie County Grants Manager, is appointed as agent of the Laramie County Board of Commissioners to execute and submit applications and certifications for these funds and to receive funds and implement the programs funded under this grant.

PASSED, APPROVED AND ADOPTED THIS 5th DAY OF APRIL 2022.

By: _____

Date: _____

Troy Thompson, Chairman

ATTEST:

Date: _____

Debra Lee, Laramie County Clerk

Received and Approved as to Form only By:

Date: 5/23/22

Laramie County Attorney's Office

2022-2024 Laramie County Prevention Grant Application

Organization Name	Laramie County Coroner's Office	
Organization Address	3964 Archer Parkway	
	City: Cheyenne	State: Wyoming
	Zip Code: 82009	
Point of Contact Information	Name: Rebecca Reid	Job Title: Coroner
	Email: Rebecca.Reid@laramiecountyyw.gov	Number: 307-637-8000

Amount of Funding Requesting

Year 1: \$12,000
 Year 2: \$0.00
 Total: \$12,000

Topic(s) to be Addressed

- Adult Overconsumption of Alcohol
- Underage Alcohol and Marijuana Use
- Tobacco Prevention and Cessation
- Suicide Prevention
- Opioid/Prescription Drug Misuse and Other Drugs

Area of Focus

(Please only answer the questions that apply to your funding request topics.)

Tobacco:

- Eliminate exposure to secondhand smoke
- Promote quitting among adults and youth
- Prevent initiation among youth and young adults
- Identify and eliminate product-related disparities

Alcohol:

- Social availability
- Community norms

Suicide:

- Increase knowledge of the factors that offer protection from suicidal behaviors and that promote wellness and recovery.
- Develop, implement, and monitor effective programs that promote wellness and prevent suicide and related behaviors.
- Provide training to community and clinical service providers on the prevention of suicide and related behaviors.
- Promote and implement effective clinical and professional practices for assessing and treating those identified as being at risk for suicidal behaviors.
- Provide care and support to individuals affected by suicide deaths and attempts to promote healing and implement community strategies to help prevent further suicides

Other Drugs:

- Social availability
- Community norms
- Law Enforcement

Project Priorities (if applicable)

- Includes partnerships or collaborations with at least three other community agencies.
- Prioritizes groups historically deprived of resources.
- Focuses on criminal justice system and projects that enhances enforcement, diversions, or interventions to ensure the most effective use of community resources.

Project Details

Description:

Situation: (Briefly describe your request, define how the activities proposed will benefit the community, and describe the capacity of your organization to implement the activities.)

We are requesting funding to purchase educational materials on coping and processing suicides, to hand out to family and friends of suicide ads. Along with the educational materials, we would also like to request funding for water bottles to display contact information for the Laramie County Grief Support Group. These water bottles will correlate to the prevention materials being handed out. The Coroner's Office, in partnership with the Greif Support Group and the Loss Team will have access to the resources for distribution to household members affected by the suicide of a loved one. These activities will directly relate to our goal of providing "care and support to individuals affected by suicide deaths and attempt to promote healing and implement community strategies to help prevent suicides." Having the appropriate reference and resource materials

available on scene will help individuals immediately when they are the most vulnerable after losing a loved one to suicide. We are requesting several books for each Grief Support Group members and Loss Team members to have available to provide to families. Our department, along with the Grief Support Group, and the Loss Team, cover all of Laramie County and have the capacity to work and impact the entire county from Cheyenne to the smaller communities of Albin, Burns and Pine Bluffs. We are confident that with our community partnerships we can reach all families who experience the loss of a loved one to suicide and provide outreach efforts to prevent future suicides.

Background: (Detail the causes, conditions, or needs that have led to this request. Describe how the activities proposed will enhance community well-being.)

Unfortunately, high suicide rates and the lingering effects are not new to Laramie County. The State of Wyoming is leading the nation on the prevalence of suicide deaths, 31 per 100,000 deaths, which is more than double the national average of 14. Our agencies have seen high suicide rates in the community and the long lasting affects those deaths have on the families and communities as a whole. Statistics and research show that people with a family history of completed suicides, as compared with those without such history, are at a 2.1 fold increased risk of dying by suicide. Our agencies currently carry folders that have printed materials such as brochures, but this limited information and is not always enough for a grieving family. Thanks to the 2019/2020 and 2021/2022 prevention grants, we were able to start carrying resource books for those in need and have quickly gone through our supply. We believe that this shows the importance and need for resources such as this in our community to prevent suicides. The requested funding would be to purchase resource materials, such as books and journals, for families and friends to utilize. We are also requesting funding for promotional items that provide contact information for assistance if needed. These materials would be accessible by the Grief Support Group Members and Loss Team Members at all times. In simply having materials immediately available, we are providing a quick response to those at risk for suicidal thoughts or actions. We work closely with Grace for 2 Brothers and receive some of our wonderful brochure materials from them and will continue this effort; this request is to enhance the available resources for grieving families in Laramie County.

Analysis: (Provide data illustrating the need and describe the evidence-based strategies that have been selected for implementation. Describe the service area for implementation (i.e. Laramie County, Cheyenne, Pine Bluffs, etc.)

This project originally began in 2019, and we do know by the reaction of those receiving books and resources that it is well received and needed. Statistics for 2019 show that twenty-four individuals died by suicide in Laramie County and of those, twenty-two of their families received resources from us. Of the families that experienced the suicides of a loved one over fifty-two individuals received books and resources for dealing with such a loss (some members received multiple resources). In 2020, we had twenty-eight suicides and provided over fifty-seven books to family members and friends that were impacted by a loss due to suicide. In 2021, we had twenty-four suicides, families and friends received over eighty-one books and resources. Into 2022, we have provided over twenty-nine books and resources to eight families and friends who lost a loved one to suicide. It should also be noted that resources were provided to other family members who experienced a loss other than suicide and need resources. Those that are receiving the books and resources have the option to either keep or return the resources for use by others. It is our hope that in helping surviving family

members and friends with knowledge and coping skills, it may help to stop the continuation of suicide in that family or relationship circle. We have community members that have also donated books and resources to the Coroner's Office for use within the community.

Our implementation area will be all of Laramie County to include the smaller jurisdictions and the unincorporated county. Our resources are also made available to outside agencies such as FE Warren and the National Guard. Suicide is a societal component that cannot be predicted, but we do know that family members of a suicide victim are at an increased risk for suicide themselves. "Having a family history, like any other risk factors, indicates that a person is at an increased risk in comparison to people without such exposure; it cannot predict if the person is destined to attempt or complete suicide" (The Relationship of Suicide Risk to Family History of Suicide and Psychiatric Disorders). The Laramie County Coroner, Rebecca Reid, has been tracking suicide rates in our community, based on age, gender, and method since 2013. Our project will be to establish effective comprehensive support programs for individuals bereaved by suicide, and promote the full implementation of those guidelines within the community.

Budget: (Provide a detailed budget to describe how funding will be allocated in year 1 and year 2) (Money not spent in year 1 will be reallocated and put towards year 2)

We are requesting \$12,000 for our agencies to share resources (Coroner's Office, Grief Support Group, and the Loss Team,) over a one year period. We anticipate spending all of the funds within year one and continuing our outreach into year two. We are also requesting, two pocket folders to continue to print off materials from Grace for 2 Brothers to be carried by advocates, team members, deputies, officers, and the coroner's office. The books and resource materials that we are requesting include but are not limited to: Healing a Grandparents Grieving Heart, Understanding your Suicide, The Understanding Your Suicide Grief Journal, Healing After the Loss of your Mother, It's Ok that you are not Ok, I wasn't ready to say Goodbye, Progressing through Grief, Surviving the Loss of a Sibling, Surviving the Loss of a Spouse, My Grief Journey Coloring Books kids, Grieving Dads, Surviving the Loss of a Parent. It is our goal to have a variety of resources available for all suicidal classifications (loss of spouse, sibling, parent, friend etc.)

Books range in price from \$9.56 to \$16.74 each without shipping expenses. We are estimating spending \$10,000 on books and folders and \$2,000 on promotional materials (water bottles). This funding will allow the purchase of anywhere from 600-650 books and journals and 1,000-water bottles. With the 2019/2020 grant, we purchased around 350 books and journals for \$5,000. In 2021/2022 we purchased 304 books and journals and over 250 folders for information for \$5,000

At the time of this application, we have given out the majority of these resources within the community.

The requested funding would be used over the two-year period to purchase materials and provide them to the community in response to county suicides and other losses. Each suicide is said to intimately effect at least six to one hundred and thirty-five other people. This ranges from intimate friends and family and expands to coworkers, and community members (Suicide Research Consortium).

Year 1: \$12,000 –all funds to be expended in year 1 and program will continue into year two.

Year 2: No expenditures

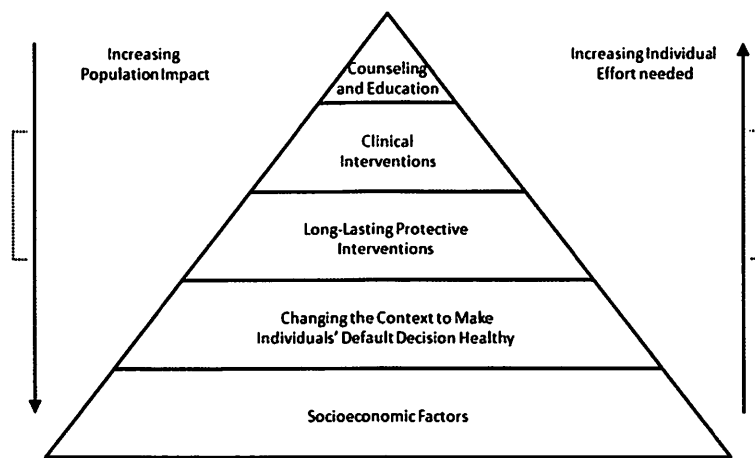
Evaluation: (Describe how you will evaluate the process and impact of your program or strategy.)

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Our strategy is fairly easy to evaluate. We will keep track of how many resources we hand out to families on our calls to suicides; this data will be collected in a spreadsheet for use by all parties. Extra materials will be held at the Laramie County Coroner's Office to be picked up by the Loss Team, and the Grief Support Group or another requesting agency. We will also make notations on additional requests and the most popular materials that are requested. It is our hope and goal to provide immediate support to families and friends who have lost a loved one to suicide to prevent additional suicides within the community. We are basing our need off studies that demonstrate a significantly higher risk for suicidal behavior among family members. By providing readily available information, we are hoping to reduce the numbers of suicides within our community.

The utilization of the requested resources will be the driving force behind recognizing the need in the community. It is our goal to reduce suicides and provide resources to families and friends in need who have lost of a loved one through providing support to promote healing.

Health Impact Pyramid



Frieden TR. Am J Public Health 2010;100(4):590-5

Please highlight the level from the Health Impact Pyramid:

- Counseling and Education (i.e. Dietary counseling, education to avoid drinking and driving, etc.)
- Clinical Interventions (i.e. Treatment of hypertension, medication-assisted treatment, etc.)
- Long-Lasting Protective Interventions (i.e. Tobacco cessation programs, brief behavioral counseling to reduce alcohol consumption, etc.)

- Changing the Context to Make Individuals' Default Decision Healthy (i.e. smoke-free laws, tobacco or alcohol taxes, etc.)
- Socioeconomic Factors (i.e. Early childhood education, improved housing options, etc.)

I understand that as a recipient of these funds, I will be required to actively participate in Laramie County Community Action Teams.

Type Name: Rebecca Reid, Coroner and Sandra Newland, Grants Manager

Please fill out this application and send it to Shelbie Sherard at shelbie.sherard@crmcwy.org by **April 6, 2022.**