

RESOLUTION NO.

A RESOLUTION AUTHORIZING THE RATIFIED SUBMISSION OF A GRANT APPLICATION TO THE WYOMING DEPARTMENT OF HEALTH FOR A 2021-2022 COMMUNITY PREVENTION GRANT PROGRAM SOLICITATION IN THE AMOUNT OF \$900,492.00, ON BEHALF OF THE GOVERNING BODY OF LARAMIE COUNTY, WYOMING.

FOR THE PURPOSE OF: REQUESTED FUNDS WILL BE USED BY THE COUNTY IN PARTNERSHIP WITH CRMC FOR COMMUNITY BASED PUBLIC HEALTH PREVENTION ACTIVITIES TO ADDRESS, USE ABUSE, AND ASSOCIATED NEGATIVE CONSEQUENCES OF TOBACCO, ALCOHOL, AND CONTROLLED SUBSTANCES, AS WELL AS TO PROVIDE SUICIDE PREVENTION SERVICES.

WITNESSETH

WHEREAS, the Governing Body of Laramie County desires to participate in the Wyoming Department of Health Prevention grant funding program by sponsoring this grant to assist in financing this project; and

WHEREAS, the Wyoming Department of Health requires that certain criteria be met, as described in the federal and state rules governing the prevention program, and to the best of our knowledge this application meets those criteria; and

WHEREAS, the Governing Body of Laramie County has been provided with preliminary cost estimates and information on the project; and

NOW, THEREFORE, BE IT RESOLVED BY THE GOVERNING BODY OF LARAMIE COUNTY that a grant application be submitted to the Wyoming Department of Health in the amount of \$900,492.00 for consideration of funding prevention activities in Laramie County for FY2021 and FY2022.

BE IT FURTHER RESOLVED, that Sandra Newland, or her successor in the position of Laramie County Grants Manager, is appointed as agent of the Laramie County Board of Commissioners to execute and submit applications and certifications for these funds and to receive funds and implement the programs funded under this grant.

PASSED, APPROVED AND ADOPTED THIS 16th DAY OF JUNE 2020.

By: _____
Gunnar Malm, Chairman

Date

ATTEST:

Debra Lee, Laramie County Clerk

Date

Received and Approved as to Form only By:



Mark Voss, County Attorney

Date

Cover Sheet

Name of Applicant County: Laramie

Name of County-level Grant Manager: Sandra Newland

Title of County-level Grant Manager: Laramie County Grants Manager

Phone of County-level Grant Manager: 307-633-4201

E-mail of County-level Grant Manager: snewland@laramiecounty.com

Name of Community Prevention Specialist: Brittany Wardle

E-mail of Community Prevention Specialist: brittany.wardle@crmcwy.org

Phone of Community Prevention Specialist: 307-773-8260

Name of Community Prevention Specialist: Shelbie Sherard

E-mail of Community Prevention Specialist: shelbie.sherard@crmcwy.org

Phone of Community Prevention Specialist: 307-996-4729

Laramie County Abstract

1. The overall atmosphere of the county to be served, including but not limited to norms and attitudes towards substance abuse and suicide, political environment, and readiness for change.

Laramie County is the most populous county in Wyoming with an estimated population of 99,500 residents, and is home to the state capitol, Cheyenne. The county is located in the southeast corner of Wyoming and borders Colorado and Nebraska. The racial and ethnic composition of Laramie County's population in 2019 was estimated by the Census Bureau to be 91.7% White, 2.7% Black, 1.4% Asian, 1.2% American Indian/Alaska Native, and 0.1% Native Hawaiian/Other Pacific Islander. Persons of Hispanic ethnicity (any race) comprised 14.8% of the county's population. The median income of the county (\$62,879) is higher than the rate in the United States; however, 9.7% of residents live below the federal poverty line. Based on the Robert Wood Johnson Foundation County Health Rankings, Laramie County is ranked the 12th healthiest county out of 23 Wyoming counties. The low ranking is a result of Laramie County's high rates of suicide (27 per 100,000), motor vehicle fatalities (14 per 100,000), teen births (30 per 1,000), excessive drinking (18%), and smoking (17%) among other outcomes. Laramie County is a politically conservative area, much like most of Wyoming. Though the high rates of suicide suggest some level of norm for those who struggle with behavioral health, the exorbitant rates also illicit immense concern and focus as a priority among the community. Substance use has also been normalized, particularly for alcohol and tobacco, and is prevalent throughout the county. While alcohol is present at most community events, Laramie County is very invested in using the community events checklist to ensure best practices are followed. There is high demand for tangible steps toward change including improved prevention training and collaboration between community partners. The Laramie County Community Partnership (LCCP) completed a behavioral health resource assessment which will be used to further guide our prevention efforts.

2. Who was involved in developing this application and prevention plan?

Cheyenne Regional Health System

Laramie County Grants Office

Cheyenne Laramie County Health Department

Laramie County Commissioners

Laramie County Community Partnership

Behavioral Health Action Team

Laramie County Tobacco and Alcohol Prevention

Boys and Girls Club of Cheyenne

Cheyenne Police Department

Grace for 2 Brothers

Laramie County, Coroner's Office

Capacity Enhancement Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Objective 1 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
Capacity Enhancement	\$1,500.00	1	Years 1 & 2	\$1,500.00	\$1,500.00	\$3,000.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
			TOTAL	\$1,500.00	\$1,500.00	\$3,000.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

To pay for training for staff.

Objective 2 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
			TOTAL	\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 3 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 5 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total Capacity Enhancement Strategy Implementation Request				\$1,500.00	\$1,500.00	\$3,000.00
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Underage Drinking and Youth Marijuana Use Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Travel

Reason for Travel	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 1 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total Underage Drinking and Youth Marijuana Use Strategy Implementation Request	\$0.00	\$0.00	\$0.00
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Adult Overconsumption Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Travel

Reason for Travel	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 1 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 2 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 3 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total Adult Overconsumption Strategy Implementation Request	\$0.00	\$0.00	\$0.00
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Tobacco Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Travel

Reason for Travel	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 1 - Enter Name Seed Grants

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
Seed Grant to CRMC Cardia Rehab	\$8,049.50	1	Years 1 & 2	\$8,049.50	\$8,049.50	\$16,099.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$8,049.50	\$8,049.50	\$16,099.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 2 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 3 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total Tobacco Strategy Implementation Request	\$8,049.50	\$8,049.50	\$16,099.00
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Opioid and Other Drugs Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Travel

Reason for Travel	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 1 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 2 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 3 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
			TOTAL	\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total Opioid and Other Drugs Strategy Implementation Request	\$0.00	\$0.00	\$0.00
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Suicide Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Travel

Reason for Travel	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 1 - Zero Suicide

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
Zero Suicide QPR License	\$7,500.00	1	Years 1 & 2	\$7,500.00	\$7,500.00	\$15,000.00
Peer Specialist	\$40,000.00	1	Years 1 & 2	\$40,000.00	\$40,000.00	\$80,000.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$47,500.00	\$47,500.00	\$95,000.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

The QPR License price was given by the QPR Institute. The Peer Specialist role will support the Zero Suicide Initiative through safer care transitions within the community. The salary was determined by a market comparison of similar roles within our region.

Objective 2 - Enter Name Seed Grants

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
Seed Grant-Youth Alternatives	\$18,395.50	1	Years 1 & 2	\$18,395.50	\$18,395.50	\$36,791.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$18,395.50	\$18,395.50	\$36,791.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 3 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total Suicide Strategy Implementation Request	\$85,895.50	\$85,895.50	\$131,791.00
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Certificate of Authorization

BY SUBMISSION OF AN APPLICATION:

I certify to the best of my knowledge that the information and budgets contained in this application are correct.

I certify that the work plan was completed through a collaborative effort with one or more local coalitions focused on substance abuse prevention and suicide prevention.

I certify that the applicant will comply with all Federal regulations, policies, guidelines, and requirements for funding awarded through this grant.

I certify that this project will be conducted in accordance with funding source requirements and the assurances provided within this application for funding awarded through this grant.

I have been authorized by the county's governing body to submit this application.



Signature of Grant Manager

6/5/20

Date

Laramie County, Risk Department
Laramie County Sheriff's Office
Peak Wellness
Pine Bluffs Police Department
Recover Wyoming
Office of Youth Alternatives

3. Who will be involved in the implementation of the proposed plan described in this application

Cheyenne Regional Health System
Laramie County Grants Office
Cheyenne Laramie County Health Department
Laramie County Commissioners
Laramie County Community Partnership
Behavioral Health Action Team
Laramie County Tobacco and Alcohol Prevention
Boys and Girls Club of Cheyenne
Cheyenne Police Department
Grace for 2 Brothers
Laramie County, Coroner's Office
Laramie County, Risk Department
Laramie County Sheriff's Office
Peak Wellness
Pine Bluffs Police Department
Recover Wyoming
Office of Youth Alternatives

4. How were the prevention needs in the county identified and prioritized?

The prevention needs in the county were identified and prioritized through our Community Health Needs Assessment process. Partners within the LCCP identified five priority areas: access to care, housing and income, education, healthy behaviors, and behavioral health. The Behavioral Health Action team focuses on drug use and suicide prevention and the Healthy Behaviors Action Team (Laramie County Tobacco and Alcohol Prevention) focuses on alcohol and tobacco use prevention. Partners on each action team were able to participate in a collaborative process to determine which goals or causal domains to prioritize in their specific areas. These areas were identified in 2019 and will continue to be prioritized through June 2022.

5. How will the proposed plan address identified needs?

Our proposed plan will address the identified needs through our selected evidence-based strategies and collaborative partnerships. The LCCP used the best available data, resources, and

capacity to determine how to best address the prevention needs within our county. We believe that our extensive partnerships will facilitate the success of our work plan.

6. Use data to select one or more of the following populations the county will prioritize when selecting strategies for tobacco prevention and control.

- a. American Indians
- b. Individuals with low socioeconomic status
- c. Individuals with behavioral health conditions
- d. Geographic regions

Laramie County will prioritize individuals with low socioeconomic status and individuals with behavioral health conditions for tobacco prevention and control efforts. We know that these populations are disproportionately impacted by tobacco within our community.

7. Please describe the county's experience working with the selected population for tobacco prevention and control strategies.

The LCCP partners have extensive experience working with these populations. Through our community health needs assessment process and prioritization, we continue to work on access to care and housing within our community. In the previous grant year, we addressed tobacco prevention and control strategies specifically with individuals experiencing homelessness and individuals with behavioral health conditions. We provided tobacco cessation classes, on-site and with incentives, to encourage quitting tobacco use. Additionally, we worked with these populations on overall substance use and suicide prevention. We began work to address public safety with these populations through our Law Enforcement Assisted Diversion (LEAD) and Directed Diversion Patrol (DDP) programs in Laramie County. The LEAD program envisions a non-punitive, health-centered approach to ensure that individuals struggling with substance use or mental illness are diverted from the criminal justice system while decreasing recidivism and improving public safety. The DDP responds to incidents involving subjects who are under the influence of alcohol, opioids, or other drugs, as well as subjects who may be suicidal or suffer from mental illness. The DDP works towards diverting these citizens away from the Criminal Justice system and towards support services such as counseling, peer support, rehabilitation services, and housing. Through our collaborative partnerships, we have experience and knowledge in working with these populations that will enable our further success in tobacco prevention and control efforts.

Laramie County Prevention Grant 2020 - 2022 Work Plan

**Brittany Wardle & Shelbie Sherard
May 29, 2020
Wyoming Institute for Population Health
Cheyenne Regional Medical Center**

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UNDERAGE ALCOHOL USE AND YOUTH MARIJUANA USE

Objectives:

Reduce Access and Availability of Alcohol to Youth [Overarching]:

- X Minimize Home Parties Where Alcohol is Served
- Reduce Legal-Aged Young Adults Purchasing and Providing to Underage Youth
- Minimize Retail and On-Premise Sale of Alcohol to Underage Youth
- Limit and Restrict the Location and Density of Alcohol Retail Outlets
- X Improve Alcohol Restrictions at Community Events

Enhance Policies and Enforcement [Overarching]:

- Enhance Enforcement of Impaired Driving Laws
- Enhance Enforcement and Compliance with Underage Drinking Laws
- X Improve the Discovery of Illegal Activities through Tip-lines or other Techniques
- Improve Systems of Consequences and Incentives Related to Youth and Alcohol
- Strengthen Policies, Programs, and Enforcement to Reduce Excessive Drinking Among College and University Students

Educate the Community about the Problem and Harms [Overarching]:

- Research-Based Education Campaigns to Shift Norms
- Educate Policy Makers
- Educate Stakeholders or General Population
- Train Coalition Members to Educate the Community

Prevent initiation among youth and young adults [Overarching]:

- Research-Based Education Campaigns to Shift Norms/Perceptions
- Evidence-Based Programs Designed to Prevent Adolescent Substance Use

Other

Focus Area: Underage Alcohol Use and Youth Marijuana Use					
Objective: Provide education, training, and technical assistance to Laramie County residents and community partners.					
Program or Strategy name: Underage Alcohol/Marijuana Use					
Target Population(s): Laramie County residents and community partners					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/target-areas/alcohol/					
Anticipated Strategy Budget: \$0.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Educate community event organizers on best practices and opportunities to reduce access or availability of alcohol during events.	Pop Health	July 2020	June 2022	Time
2	Provide TIPS training as needed to enhance community capacity in responsible beverage service.	Pop Health	July 2020	June 2022	Time
3	Coordinate with law enforcement, schools, parents, and community-based youth serving organizations to educate youth on the harms of underage alcohol and marijuana consumption.	Pop Health	July 2020	June 2022	Time
4	Develop or revise policies to address underage alcohol consumption within the community.	Pop Health	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>Based on PNA data, the Laramie County Tobacco and Alcohol Prevention group identified enforcement, community events, and education/policy work as the top priorities for the coming year for underage alcohol use.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Number of TIPS training events, number of policies revised/developed, number of community partners educated. We expect these efforts to contribute to a decrease in underage alcohol consumption, as well as a decrease in students reporting their last alcohol was provided to them by a parent.</p>					

Data and Measurement: *How will you know if you accomplished your goals and outcomes?*

PNA measures on past 30 day consumption of alcohol, past 30 day consumption of marijuana, and students reporting their last method of obtaining alcohol.

ADULT OVERCONSUMPTION OF ALCOHOL

Objectives:

Reduce Adult Overconsumption through Access and Availability of Alcohol [Overarching]:

- Restrict Retail and On-Premise Drink Specials
- Minimize On-Premise Over-Service of Alcohol to Adults
- Limit and Restrict the Location and Density of Alcohol Retail Outlets
- Improve Alcohol Restrictions at Community Events

Enhance Policies and Enforcement on Adult Overconsumption of Alcohol [Overarching]:

- Enhance Enforcement of Impaired Driving Laws
- Enhance Enforcement and Compliance with Drinking Laws
- Improve Systems of Consequences and Incentives Related to Adult Overconsumption
- Strengthen Policies, Programs, and Enforcement to Reduce Excessive Drinking Among College and University Students
- Strengthen Relationships with Healthcare Providers and Encourage Their Use of Screening and Brief Intervention (SBI)

Educate the Community about the Problem and Harms of Adult Overconsumption of Alcohol [Overarching]:

- Research-Based Education Campaigns to Reach Target Audiences
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community

Other

-
-

Focus Area: Adult Overconsumption of Alcohol					
Objective: Promote responsible consumption of alcohol through education and training.					
Program or Strategy name: Adult Binge					
Target Population(s): Laramie County individuals 21+					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/target-areas/alcohol/					
Anticipated Strategy Budget: \$0.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Educate community event organizers on best practices and opportunities to reduce access or availability of alcohol during events.	Pop Health	July 2020	June 2022	Time
2	Provide TIPS training as needed to enhance community capacity in responsible beverage service.	Pop Health	July 2020	June 2022	Time
3	Provide SBIRT training to healthcare providers within the Cheyenne Regional Health System to implement SBIRT in inpatient settings.	Pop Health	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i> LCTAP has a long history of supporting responsible alcohol consumption within the community. The collective group identified community events and working with healthcare providers as the top priorities for the coming year.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i> We expect to see safe community events and responsible beverage service. We expect to see an increased number of patients screened with an SBIRT tool within Cheyenne Regional's inpatient setting and a decrease in binge drinking among adults in Laramie County.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i> BRFSS data, number of TIPS training events, number of people trained in SBIRT, and number of SBIRT screenings.</p>					

TOBACCO PREVENTION: Cheyenne Regional Health Systems, Cardiac and Pulmonary Rehab

Objectives:

Prevent initiation among youth and young adults [Overarching]:

- Expand Research-Based Education Campaigns to Shift Norms/Perceptions
- Expand Education of Tobacco Retailers on Sales to Underage Youth
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Support or Engage in Efforts to Reduce and Monitor the Sale of Tobacco to Underage Youth (local law enforcement, FDA, Synar)
- Strengthen Policies for Tobacco Retailers
- Strengthen Policies for Underage Tobacco Use/Vaping
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Promote quitting among adults and youth [Overarching]:

X Increase Referrals to Wyoming Quit Tobacco Program, including My Life My Quit

X Promote Other Local Cessation Services

- Strengthen Relationships with Healthcare Providers to Encourage Cessation (Ask, Advise, Refer [AAR]) and Wyoming Quit Tobacco Program
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Eliminate exposure to secondhand smoke [Overarching]:

- Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Identify and eliminate tobacco-related disparities [Overarching]:

X Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke

- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community

Other

-
-

Focus Area: Tobacco Prevention: Cardiac and Pulmonary Rehab					
Objective: To enhance and expand tobacco cessation efforts in Laramie County through the Commit to Quit program.					
Program or Strategy name: Commit to Quit					
Target Population(s): Laramie County residents using tobacco					
Target Location(s): Laramie County					
Describe or provide a link to the evidence-base: https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf					
Anticipated Strategy Budget: \$16,099.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Send six (6) staff to the Rocky Mountain Tobacco Treatment Specialist Training Program (RMTTS).	CRMC	July 2020	June 2022	\$12,457.00
2	Conduct at least four (4) community-based tobacco cessation classes.	CRMC	July 2020	June 2022	\$2,642.00
3	Promote Commit to Quit tobacco cessation classes	CRMC	July 2020	June 2022	\$1,000.00
Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i> Pulmonary and Cardiac Rehab currently offers Commit to Quit, a tobacco cessation class, at Cheyenne Regional. However, they do not have funding to market the course and not all staff have been trained in tobacco cessation. There is interest in expanding the capacity to provide these services, promote course availability, and offer the course within the community in locations accessible to populations disproportionately impacted by tobacco use. This will significantly expand the availability of TTS from Cheyenne Regional to provide outreach and education within the community. We will work with community partners that provide behavioral health services to provide tobacco cessation education to their participants.					
Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i> Increased capabilities and capacity to provide tobacco cessation education and treatment. Increased access to tobacco treatment options for populations disproportionately impacted by tobacco use. We expect to see a decrease in tobacco use in Laramie County in the next 5-10 years.					
Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i> Evaluation data from the Cardiac and Pulmonary Rehab classes, number of staff that have completed training, and number of class participants.					

TOBACCO PREVENTION: Cheyenne Regional Health System and Laramie County Tobacco and Alcohol Prevention

Objectives:

Prevent initiation among youth and young adults [Overarching]:

- Expand Research-Based Education Campaigns to Shift Norms/Perceptions
- Expand Education of Tobacco Retailers on Sales to Underage Youth
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Support or Engage in Efforts to Reduce and Monitor the Sale of Tobacco to Underage Youth (local law enforcement, FDA, Synar)
- Strengthen Policies for Tobacco Retailers
- Strengthen Policies for Underage Tobacco Use/Vaping
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Promote quitting among adults and youth [Overarching]:

- Increase Referrals to Wyoming Quit Tobacco Program, including My Life My Quit
- Promote Other Local Cessation Services
- Strengthen Relationships with Healthcare Providers to Encourage Cessation (Ask, Advise, Refer [AAR]) and Wyoming Quit Tobacco Program
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Eliminate exposure to secondhand smoke [Overarching]:

- Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Identify and eliminate tobacco-related disparities [Overarching]:

- Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community

Other

-

Focus Area: Tobacco Prevention					
Objective: Improve tobacco prevention and cessation efforts through policies, processes, and education.					
Program or Strategy name: Tobacco Prevention					
Target Population(s): Laramie County residents and healthcare providers					
Target Location(s): Laramie County					
Describe or provide a link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/target-areas/tobacco/					
Anticipated Strategy Budget: \$0.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Educate clinic staff, healthcare providers, and other relevant partners about WQTP and the integrated e-referral process.	Pop Health	July 2020	June 2022	Time
2	Work with partners within the community to implement policies or ordinances related to Tobacco 21, smokefree, and retail licensing.	Pop Health	July 2020	June 2022	Time
3	Provide education or technical assistance to youth, youth-serving organizations, and other partners on tobacco prevention and control.	Pop Health	July 2020	June 2022	Time
4	Coordinate tobacco cessation and control education, interventions, and training within the Cheyenne Regional Health System.	Pop Health	July 2020	June 2022	Time
5	Conduct two joint readiness assessments per guidance from WDH.	Pop Health	July 2020	June 2022	Time
Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i> Laramie County has a dedicated group of individuals that made up the Laramie County Prevention of Alcohol Problems (LCPAP) coalition. The exponential increase in vaping has contributed to a willingness within the group to address tobacco as well. The group identified clean indoor air laws, ordinances, or policies and compliance checks as the top priorities for this year.					
Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i> Increased knowledge and use of WQTP e-referral. Revised policies/ordinances to improve tobacco prevention and control. We expect to see a decrease in tobacco use within the next 5-10 years.					
Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i> Number of WQTP e-referrals, number of policies or ordinances revised or implemented, and number of training events provided.					

OPIOID/PRESCRIPTION DRUG MISUSE/ABUSE AND OTHER DRUGS PREVENTION

Objectives:

Reduce Access to Opioids [Overarching]:

- X Increase Safe Storage and Disposal of Prescription Drugs
- X Expand and Promote Prescription Drug Take-Back Events and Options
- Engage Healthcare Providers to Promote New Prescribing Practices and Guidelines
- Increase the Use of the Prescription Drug Monitoring Program among Healthcare Providers

Educate the Community about the Problem and Harms of Drug Misuse/Abuse [Overarching]:

- Research-Based Education to Reach Target Audiences
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community

Other

-
-

Focus Area: Opioid Misuse/Abuse and Other Drug Prevention					
Objective: Provide education, training, and strategies for drug use prevention to community members.					
Program or Strategy name: Community education					
Target Population(s): Laramie County residents					
Target Location(s): Laramie County					
Describe or provide a link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/target-areas/other-drugs/					
Anticipated Strategy Budget: \$0.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Educate and provide technical assistance to community members on drug use, safe disposal options, and overdose prevention.	Pop Health	July 2020	June 2022	Time
2	Promote Prescription Drug Take-Back events within the community.	Pop Health	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The Behavioral Health Action Team (BHAT) prioritized community education, linkage to care, and community outreach for drug use prevention. Cheyenne Regional and BHAT are well positioned to implement and support these efforts in Laramie County.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Increased knowledge related to drug use prevention and successful Drug Take-Back events with strong attendance. We expect to see a decrease in overdose deaths in the next 5-10 years.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>Number of trainings, number of Drug Take-Back events, and number of people trained on overdose prevention.</p>					

SUICIDE PREVENTION: Grace for 2 Brothers

Objectives:

Upstream Prevention [Overarching]:

X Enhance Support to Communities to Address Suicide

X Expand Effective Programs that Promote Wellness and Address Factors that Lead to Suicide

- Decrease Unmet Behavioral Health Needs
- Improve Access to High-quality Mental Health Care
- Decrease Stigma Related to Mental Health
- X Decrease Availability and Access to Lethal Means
- Improve Knowledge, Attitudes, and Behaviors through Research-informed Communication
- Improve School and Workplace Policies

Postvention [Overarching]:

- Improve Care and Support to Suicide Survivors
- Improve Care and Support to Suicide Attempt Survivors
- Implement Effective Community and/or Entity's Response to Suicide
- Enhance Media Reporting and Response

Other

Focus Area: Suicide Prevention: Grace for 2 Brothers					
Objective: Provide education, training, and resources to community members on prevention of suicide and related behaviors.					
Program or Strategy name: GF2B					
Target Population(s): Laramie County residents					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.livingworks.net/asist and https://qprinstitute.com/ and https://www.sprc.org/comprehensive-approach/reduce-means					
Anticipated Strategy Budget: \$40,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Conduct a minimum of four (4) ASIST courses in Laramie County.	GF2B	July 2020	June 2022	\$33,200.00
2	Conduct a minimum of one (1) QPR T4T course in Laramie County.	GF2B	July 2020	June 2022	\$4,950.00
3	Purchase and distribute gun safes.	GF2B	July 2020	June 2022	\$1,250.00
4	Purchase and distribute medication locking lids.	GF2B	July 2020	June 2022	\$600.00
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>As an organization working specifically on suicide, these dollars will help build capacity in suicide prevention for the entire county. GF2B has an extensive background working not only in Laramie County, but across the state in suicide prevention through awareness and education. The infrastructure currently in place will support the implementation of the strategies identified above. There is significant community need and readiness to address suicide in Laramie County.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Increased capability and capacity in suicide prevention. Reduction in access to lethal means. We expect to see a decrease in suicide deaths in the next 5-10 years.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>Number of training participants, pre/post evaluations, number of gun safes distributed, and number of medication locking lids distributed.</p>					

SUICIDE PREVENTION: Laramie County, Risk Department

Objectives:

Upstream Prevention [Overarching]:

- Enhance Support to Communities to Address Suicide
- Expand Effective Programs that Promote Wellness and Address Factors that Lead to Suicide
- Decrease Unmet Behavioral Health Needs
- Improve Access to High-quality Mental Health Care
- Decrease Stigma Related to Mental Health
- Decrease Availability and Access to Lethal Means
- Improve Knowledge, Attitudes, and Behaviors through Research-informed Communication
- Improve School and Workplace Policies

Postvention [Overarching]:

- Improve Care and Support to Suicide Survivors
- Improve Care and Support to Suicide Attempt Survivors
- Implement Effective Community and/or Entity's Response to Suicide
- Enhance Media Reporting and Response

Other

-
-

Focus Area: Suicide Prevention: Laramie County, Risk Department					
Objective: To provide a comprehensive mental health and suicide prevention program for Laramie County Government employees.					
Program or Strategy name: Mental Health and Suicide Prevention Program					
Target Population(s): Laramie County Government Employees					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://qprinstitute.com/ and https://theactionalliance.org/communities/workplace/blueprintforworkplacesuicideprevention					
Anticipated Strategy Budget: \$6,090.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Suicide prevention training	Risk Dept.	July 2020	June 2022	\$3,090.00
2	Suicide prevention materials and resources	Risk Dept.	July 2020	June 2022	\$3,000.00
3	National Suicide Awareness Month, Physical Activity Challenge	Risk Dept.	Sept 2020	Sept 2021	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>Laramie County has 438 employees working in a variety of fields ranging from public works, law enforcement, to public service positions. Currently, Laramie County does not have a policy or training program focused on mental health and suicide prevention. The Human Resources Department and Employee Assistance Program offer services and contacts, but it is up to the employee to seek out these resources. The County Risk Department feels that a mental health/suicide prevention program is a critical component to the health and safety of the county employees.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Increased awareness for mental health and suicide prevention among Laramie County government employees. To see a decrease in suicide and an increase employees caring for their mental health.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>Educational materials handed out to employees. Employee usage of the MINES and Associates training, QPR training, and EAP compared to baseline. The Risk Department will encourage employee participation throughout the two-year period. Employees will be supported in the National Suicide Awareness Month physical activity challenges and participation will be tracked and reported.</p>					

SUICIDE PREVENTION: Peak Wellness

Objectives:

Upstream Prevention [Overarching]:

- Enhance Support to Communities to Address Suicide
- X Expand Effective Programs that Promote Wellness and Address Factors that Lead to Suicide
- Decrease Unmet Behavioral Health Needs
- X Improve Access to High-quality Mental Health Care
- Decrease Stigma Related to Mental Health
- Decrease Availability and Access to Lethal Means
- Improve Knowledge, Attitudes, and Behaviors through Research-informed Communication
- Improve School and Workplace Policies

Postvention [Overarching]:

- Improve Care and Support to Suicide Survivors
- Improve Care and Support to Suicide Attempt Survivors
- Implement Effective Community and/or Entity's Response to Suicide
- Enhance Media Reporting and Response

Other

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Focus Area: Suicide Prevention: Peak Wellness					
Objective: Educate the community on how to help an adolescent (12-18) who is experiencing a mental health or addictions challenge or is in crisis.					
Program or Strategy name: Mental Health First Aid - Youth					
Target Population(s): Laramie County youth and youth serving agencies					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.mentalhealthfirstaid.org/about/research/					
Anticipated Strategy Budget: \$4,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Attend training to become a Youth Mental Health First Aid (YMHFA) Trainer (2 individuals).	Peak Wellness	July 2020	June 2022	\$4,000.00
2	Provide four (4) YMHFA trainings within Laramie County.	Peak Wellness	July 2020	June 2022	Time
Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i>					
MHFA is an evidence-based program that has been proven to increase awareness of mental illness and addictions, as well as increase the confidence of laypersons to provide assistance and resources for people in crisis. Also, the stigma surrounding mental illness is unveiled and discussed through this training. We believe this training will positively impact our community and help people who may be at-risk for harm to self or others. It is an early intervention strategy and there are no mental health first aid trainers in the community that specifically focus on youth.					
Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i>					
Have two instructors trained to teach Youth Mental Health First Aid. We expect to see an increase in the skills and capacity of youth agencies in how to appropriately help an adolescent (12-18 years) who is experiencing a mental health or addictions challenge or is in crisis.					
Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i>					
Number of staff trained as MHFA-Y instructors, number of MHFA-Y trainings provided to youth-serving organizations, and number of people trained in MHFA-Y. Participants will be given a pre-and post-training survey to determine their knowledge gain and confidence in applying MHFA-Y strategies.					

SUICIDE PREVENTION: Laramie County Coroner's Office

Objectives:

Upstream Prevention [Overarching]:

- Enhance Support to Communities to Address Suicide
- X Expand Effective Programs that Promote Wellness and Address Factors that Lead to Suicide
- Decrease Unmet Behavioral Health Needs
- Improve Access to High-quality Mental Health Care
- Decrease Stigma Related to Mental Health
- Decrease Availability and Access to Lethal Means
- Improve Knowledge, Attitudes, and Behaviors through Research-informed Communication
- Improve School and Workplace Policies

Postvention [Overarching]:

- X Improve Care and Support to Suicide Survivors
- Improve Care and Support to Suicide Attempt Survivors
- X Implement Effective Community and/or Entity's Response to Suicide
- Enhance Media Reporting and Response

Other

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Focus Area: Suicide Prevention: Laramie County Coroner's Office					
Objective: Provide education, resources, and support to family and friends after experiencing a loss by suicide.					
Program or Strategy name: Laramie County Coroner's Office Support					
Target Population(s): Family and friends that have experienced a loss by suicide					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.sprc.org/comprehensive-approach/postvention					
Anticipated Strategy Budget: \$5,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Identify and purchase materials/resources on coping and processing suicide for family members of suicide victims.	LCCO	July 2020	June 2022	\$5,000.00
2	Provide education, resources, and support on scene to help individuals immediately following a loss by suicide to prevent further suicides.	LCCO	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The Laramie County Coroner's Office, in partnership with local victim advocates, has access to the target population. This strategy provides support for those individuals in our community who have been impacted by suicide deaths and attempts to help heal and prevent further deaths by suicide. This also includes outside agencies such as FE Warren and the National Guard and The Laramie County Coroner, with support from victim advocates and GF2B, is very invested in preventing suicide deaths in our community. They have immediate access to those families that have experienced a loss by suicide and are well positioned to deliver education and support on scene.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>The utilization of the requested resources will be the driving force behind recognizing the need in the community. It is our goal to reduce suicide deaths and provide resources to families and friends in need who have lost a loved one by providing support to promote healing.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>We will keep track of how many resources we hand out to families on our calls to suicides; this data will be collected in a spreadsheet for use by all parties. Extra materials will be held at the Laramie County Coroner's Office to be picked up by the Victim Service agencies, Loss Team, and the Grief Support Group or other requesting agency. We will also make notations on additional requests and the most popular materials that are requested. It is our goal to provide immediate and long-term postvention to families and friends who have lost a loved one to suicide to prevent additional suicides within the community. We are basing our need off of studies that demonstrate a significantly higher risk for suicidal behavior among family members. By providing readily available information, we are hoping to reduce the numbers of suicides in our community.</p>					

SUICIDE PREVENTION: Zero Suicide

Objectives:

Upstream Prevention [Overarching]:

X Enhance Support to Communities to Address Suicide

Expand Effective Programs that Promote Wellness and Address Factors that Lead to Suicide

Decrease Unmet Behavioral Health Needs

Improve Access to High-quality Mental Health Care

X Decrease Stigma Related to Mental Health

Decrease Availability and Access to Lethal Means

Improve Knowledge, Attitudes, and Behaviors through Research-informed Communication

X Improve School and Workplace Policies

Postvention [Overarching]:

Improve Care and Support to Suicide Survivors

X Improve Care and Support to Suicide Attempt Survivors

Implement Effective Community and/or Entity's Response to Suicide

Enhance Media Reporting and Response

Other

Focus Area: Suicide Prevention					
Objective: Continue implementation of the Zero Suicide Initiative for system-wide transformation towards safer suicide care.					
Program or Strategy name: Zero Suicide					
Target Population(s): Laramie County residents, community partners, and healthcare providers					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://zerosuicide.edc.org/ and https://qprinstitute.com/					
Anticipated Strategy Budget: \$95,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Hire and support a peer specialist position	BHS-CRMC	July 2020	June 2022	\$80,000.00
2	Develop guidelines, processes, or policies that support Zero Suicide	Pop Health	July 2020	June 2022	Time
3	Implement QPR within the Cheyenne Regional Health System	Zero Suicide Com.	August 2020	June 2022	\$15,000.00
4	Support community partners through training, education, or policy work.	Pop Health	July 2020	June 2022	Time
5	Identify opportunities to improve care transitions across the community.	Behavioral Health Action Team	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The LCCP prioritized behavioral health through the community health needs assessment process. The suicide rate in Laramie County is nearly double the U.S rate. There is significant community readiness to work on suicide prevention and many invested partners.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Increased community capability and capacity to provider safer suicide care within our community. We expect to see a decrease in the suicide rate in Laramie County in the next 5-10 years.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>We will use available data through WDH and County Health Rankings. Number of referrals to the peer specialist, patients contacted by the peer specialist, and feedback from patients contacted by the peer specialist. Additionally, we will identify what guidelines, processes, or policies were put in place as a result of this work.</p>					

PREVENTION FOR ALL FOCUS AREAS: ALCOHOL, TOBACCO, OTHER DRUGS, AND SUICIDE PREVENTION:

Media Campaign

Objectives:

Prevention that spreads across all focus areas:

Evidence-Based Programs designed to increase protective factors or decrease risk factors

Texting Tipline (example: Safe2Tell)

Other

Plan, develop, and implement a media campaign to address substance use or suicide prevention.

Focus Area: Prevention for All Focus Areas: Media Campaign					
Objective: Plan, develop, and implement a media campaign to address substance use or suicide prevention.					
Program or Strategy name: Media Campaign					
Target Population(s): Laramie County residents					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/causal-domain/promotion-media/					
Anticipated Strategy Budget: \$100,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Plan, develop, and implement a media campaign.	LCCP/Pop Health/West Edge	July 2020	June 2022	\$100,000.00
2	Promote Safe2Tell Wyoming Program to youth and youth-serving organizations to encourage use of the program.	Pop Health	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The LCCP is interested in a relevant and appropriate campaign to support prevention efforts related to alcohol, tobacco, other durgs, or suicide. The LCCP will work with West Edge to identify priorities, populations of interest, and topics to address throughout the grant period. The media campaign will support other ongoing prevention efforts within the community.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Increased knowledge and include a call to action related to substance use and suicide prevention.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>West Edge will implement the campaign and provide all relevant evaluation metrics on a regular basis. Safe2Tell tip volume in Laramie County.</p>					

PREVENTION FOR AREAS: ALCOHOL, TOBACCO, AND OTHER DRUGS: Boys and Girls Club of Cheyenne

Objectives:

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

X Implement evidence-based programs to address risk and protective factors and prevent substance use in youth.

Focus Area: Prevention for Alcohol, Tobacco, and Other Drugs: Boys and Girls Club of Cheyenne					
Objective: Implement evidence-based programs to address risk and protective factors and prevent substance use in youth.					
Program or Strategy name: Boys & Girl Club					
Target Population(s): Boys & Girls Club Participants					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.bgca.org/programs					
Anticipated Strategy Budget: \$46,716.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Implement SMART Moves, SMART Girls, Passport to Manhood, and Triple Play.	Boys & Girls Club of Cheyenne	July 2020	June 2022	\$46,716.00
2	Evaluate implementations of all programs.	Boys & Girls Club of Cheyenne	July 2020	June 2022	Time
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The Boys & Girls Club of Cheyenne serves nearly 800 kids ages 6-18 and provides support in the areas of: Academic Success, Character and Citizenship, and Health Lifestyles. The Club will focus on several programs to achieve reductions in behaviors that put youth at risk. Programming supported will include SMART Moves, SMART Girls, Passport to Manhood, and Triple Play. The development of healthy and adaptive social-emotional skills during childhood are more likely to make positive decisions regarding alcohol, substance use, and criminal activity.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>The Boys & Girls Club format offers preventative skills through our evidence-based programs to nearly 800 members. We expect to see positive outcomes related to the emotional, social, and physical development of young children, as measured by the Boys & Girls Clubs of America, National Youth Outcomes Initiative.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>Results of the National Youth Outcomes Initiative and curriculum pre/post tests.</p>					

PREVENTION FOR ALL FOCUS AREAS: ALCOHOL, TOBACCO, OTHER DRUGS, AND SUICIDE: Cheyenne Police Department

Objectives:

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

X Divert citizens under the influence of substances or suicidal away from the criminal justice system towards support services.

Focus Area: Prevention for All Focus Areas: Cheyenne Police Department					
Objective: Divert citizens under the influence of substances or suicidal away from the criminal justice system towards support services.					
Program or Strategy name: Directed Diversion & CIT					
Target Population(s): Laramie County residents					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.nami.org/Advocacy/Crisis-Intervention/Crisis-Intervention-Team-(CIT)-Programs and https://www.samhsa.gov/gains-center/grants-grantees/early-diversion					
Anticipated Strategy Budget: \$100,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Provide training to law enforcement and community members to enhance knowledge and skills related to substance use and suicide prevention.	CPD	July 2020	June 2022	\$3,877.25
2	Implement CIT directed patrol to respond to incidents involving subjects who are under the influence of alcohol, opioids, or other drugs, as well as subjects who may be suicidal or suffer from mental illness. This patrol will work towards diverting these citizens away from the criminal justice system and towards support services.	CPD/LCSO	July 2020	June 2022	\$96,122.75
Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i> The Behavioral Health Action Team has prioritized enhancing law enforcement strategies around other drugs. CPD and LCSO are committed to improving the health and well-being of those experiencing substance use or mental health challenges. The collaboration between CPD, LCSO, and behavioral health providers lends extensive support for the diversion strategies of the CIT directed patrol.					
Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i> Increased number of individuals diverted to resources or support instead of incarceration. We expect to see efficiency in law enforcement workflows, improved relationships with individuals experiencing behavioral health struggles, and improved access to community resources.					
Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i> Officers will track their activity for each DDP shift. Coordinators will evaluate the activity to determine how many people were contacted and diverted to community resources. Quarterly reports will be run to evaluate any law enforcement call volume changes and the number of citizens who were given assistance with finding resources. Training records will be maintained to show the number of officers, first responders, and community members who receive training on CIT, substance abuse, mental illness, and suicide related training.					

**PREVENTION FOR AREAS: ALCOHOL, TOBACCO, AND OTHER DRUGS:
Laramie County Sheriff's Office**

Objectives:

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

X To enhance enforcement efforts around alcohol, tobacco, and other drugs.

Focus Area: Prevention for Alcohol, Tobacco and Other Drugs Areas: Laramie County Sheriff's Department					
Objective: To enhance enforcement efforts around alcohol, tobacco, and other drugs.					
Program or Strategy name: LCSO					
Target Population(s): Laramie County residents					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/causal-domain/enforcement/					
Anticipated Strategy Budget: \$30,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Implement directed patrols to enhance enforcement of alcohol, tobacco, and other drug laws and provide prevention messaging, as appropriate.	LCSO	July 2020	June 2020	\$30,000.00
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>Law enforcement is invested in working with the community on alcohol, tobacco, and other drug enforcement and prevention. Increasing patrols specifically working in these areas will help identify individuals who may be using, misusing, or abusing substances and provide prevention education to those at risk. Additionally, LCSO will address community norms on adult binge drinking, social availability of alcohol and drugs, and enforcement of minimum ages of purchase and health consequences of vaping.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Increased public safety and education related to substance use. Increase in referrals to appropriate services or programs. We would like to see a decrease in demand for detoxification services in our community.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>Officers will complete activity sheets when working overtime events to document encounters, this information will then be combined into a centralized tracking spreadsheet for each focus area. We will track items such as products being used, ages, gender, and citations. We will be building these forms and can make them flexible to other information that is needed by the action team. We will evaluate and monitor the hours of enforcement for each focus area and be ready to adjust or strategize appropriate locations and times as community dynamics change during the grant term.</p>					

PREVENTION FOR AREAS: ALCOHOL, TOBACCO, AND OTHER DRUGS: Pine Bluffs Police Department

Objectives:

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

X To provide prevention education and enhanced enforcement around alcohol, tobacco, other drugs, and suicide.

Focus Area: Alcohol, Tobacco and Other Drugs Focus Areas: Pine Bluffs Police Department					
Objective: To provide prevention education and enhanced enforcement around alcohol, tobacco, other drugs, and suicide.					
Program or Strategy name: Community Outreach Initiative					
Target Population(s): Pine Bluffs youth					
Target Location(s): Pine Bluffs					
Describe or provide link to the evidence-base: https://dare.org/d-a-r-e-in-2019-its-science-evidence-based-curricula/ and https://www.wyomingpreventiondepot.org/strategies/causal-domain/retail-availability/					
Anticipated Strategy Budget: \$13,226.80					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Send officer to D.A.R.E training	PBPD	July 2020	June 2022	\$ 2,476.80
2	Provide substance use prevention training to the school district.	PBPD & WHP	July 2020	June 2022	Time
3	Provide elementary, middle, and high school students with Drug Abuse Resistance Education (D.A.R.E) curriculum and materials.	PBPD	July 2020	June 2022	\$ 7,750.00
4	Educate and enforce the proper identification and sale of alcohol and tobacco products.	PBPD	July 2020	June 2022	\$ 3,000.00
Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i> Pine Bluffs has identified a need within their community to provide substance use and suicide prevention education to students. This need was identified through community interactions and relationships. LCSD #2 has not participated in the PNA since 2014. Pine Bluffs Police Department has one officer currently trained in D.A.R.E who is part-time and can no longer meet the requirements of the program. There are no school resources available in Pine Bluffs so it is essential to support law enforcement to support the youth within their community.					
Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i> See a reduction in underage consumption and access to alcohol and tobacco in youth. See increased involvement of local law enforcement in enforcing underage drinking and tobacco laws. Educate residents of Pine Bluffs about the problem of underage drinking and the use of tobacco products and change the community norms.					
Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i> At the start and end of the D.A.R.E program questionnaires will be conducted. A questionnaire will also be conducted at the end of the year to determine knowledge, attitude, behavior, perception of law enforcement. Trends will be tracked with underage use of tobacco, alcohol, other drug use. At the end of the year all data will be compiled into a report.					

**PREVENTION FOR ALL FOCUS AREAS: ALCOHOL, TOBACCO, OTHER DRUGS, AND SUICIDE PREVENTION:
Recover Wyoming**

Objectives:

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

X Plan and implement two peer specialist trainings.

Focus Area: Prevention for All Focus Areas: Recover Wyoming					
Objective: Plan and implement two peer specialist trainings.					
Program or Strategy name: Peer Specialist Training					
Target Population(s): Individuals with lived experience in behavioral health.					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://health.wyo.gov/behavioralhealth/mhsa/initiatives/peer-specialists/					
Anticipated Strategy Budget: \$40,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Plan, promote, and implement two peer specialist certification trainings.	Recovery WY	July 2020	June 2022	\$40,000.00
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The peer specialist certification training is in high demand. Currently, some peer specialist training is funded by WDH – BHD. The addition of more training in this area will help meet the demand in the community for the knowledge, skills, and abilities taught in this course. Laramie County will benefit from additional Peer Specialists being trained to help support others in our community in a variety of settings including, detox and substance use treatment centers, mental health centers, shelters for persons experiencing homelessness, jails, federally qualified health centers, VA hospitals, crisis units, support groups, and many others. Not only are training participants able to assist others find and maintain recovery, but it has been proven that Peer Specialists who complete the training themselves, are more likely to stay in long-term recovery.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>We expect to train 28 - 32 individuals to be certified peer specialists. In the next 5-10 years, we expect to see more peer specialists employed and working within our community.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>At the end of each 5-day Peer Specialist Training, participants will complete a training evaluation to assess the training content, recommendations for modifications, and provide feedback on training facilitators. Follow up surveys will be conducted 90 days after training to receive feedback on how the training has prepared participants to work or volunteer in their role as a peer, how their role impacts recovery, and the setting they work or volunteer in.</p>					

**PREVENTION FOR ALL FOCUS AREAS: ALCOHOL, TOBACCO, OTHER
DRUGS, AND SUICIDE PREVENTION:
Office of Youth Alternatives**

Objectives:

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

X Implement comprehensive suicide prevention, intervention, and postvention, and substance use prevention for youth.

Focus Area: Prevention for All Focus Areas: Office of Youth Alternatives					
Objective: Implement comprehensive suicide prevention, intervention, and postvention, and substance use prevention for youth.					
Program or Strategy name: Youth suicide and substance use prevention					
Target Population(s): Laramie County youth					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://zerosuicide.edc.org/toolkit/transition and https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5829088/ and https://www.cdc.gov/healthyyouth/substance-use/index.htm					
Anticipated Strategy Budget: \$36,791.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Provide youth and family education to support development of protective factors against significant depression, suicidal thinking/actions, and substance use.	Youth Alternatives	July 2020	June 2022	\$12,264.00
2	Conduct suicide assessments, refer youth to appropriate level of services for safer care transitions, and follow-up after inpatient placement.	Youth Alternatives	July 2020	June 2022	\$12,263.00
3	Conduct means restriction discussions, provide grief services for families who have lost a family member to suicide.	Youth Alternatives	July 2020	June 2022	\$12,264.00
Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i> Youth Alternatives sees approximately 500 families per year. Many of these families are from a lower income background and some may not be able to afford services. Identifying the risk factors for suicide while reinforcing and building the protective factors lowers the incidence of suicidal thinking, actions, and substance use. The community would also benefit from having two important positions in the continuum of care covered. The time of referral and the time of inpatient discharge are the times of highest risk for youth killing themselves. The Behavioral Health Action Team has noted the gap in timely and accessible youth oriented services in substance and suicide prevention.					

Expected Outcomes/ Short and Long-term: *What results are you hoping to see in the next two years? In the next 5-10 years?*

Increased community communication, capacity, and improved transitions to ensure safer suicide care within our community. Improved coping strategies to address substance use in youth. We expect to see a decrease in the youth suicide rate and substance use rate in Laramie County in the next 5-10 years.

Data and Measurement: *How will you know if you accomplished your goals and outcomes?*

Evaluation Points:

Suicidal Assessments:

Number of suicide evaluations completed

Number of completed suicides

% of youth seen on the same day of the referral

Outcome of assessments (referred for services, safety planned, hospitalized)

% of referrals seen within 24 hours of inpatient discharge

% of positive evaluations by clients receiving services

Number of students indicating substance use

Suicidal Followup/Support

Number of referrals made for family support after suicide

Number of sessions conducted to support youth/family

% of positive evaluations by clients receiving services

CAPACITY ENHANCEMENT FOR IMPLEMENTATION

Objectives:

Please see the capacity assessment for your community to identify key strategic objectives and suggested strategies.

Workforce Capacity [Overarching]:

- X Provide Prevention Training for Staff, Leaders, and Coalition Members
- Enhance Understanding of Cultural Characteristics of Community Staff, Leaders, and Coalition Members

Resources Capacity [Overarching]:

- Assess and Enhance Access to Resources

Effective Communication Capacity [Overarching]:

- X Schedule Regular Coalition Meetings with Agendas and Minutes
- X Share Data and Reports with Coalition Members
- Clarify Connections of Projects to the Larger Coalition Goals

Community Engagement Capacity [Overarching]:

- Recruit Broad and Diverse Representation for Coalition
- Define Roles for Coalition Members Engagement

Active Leadership Capacity [Overarching]:

- Recruit and Cultivate Active Leadership
- Foster a Shared Leadership Model for the Coalition

Readiness for Change Capacity [Overarching]:

- Enhance Partnerships with Key Stakeholders

Sustainability Capacity [Overarching]:

- Update/create Coalition Charter and Membership List
- Make Available a Written History of the Coalition
- Update/Write a Community Prevention Specialist Position Handbook

Other

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Focus Area: Capacity Enhancement					
Objective: Enhance the capacity of our action teams.					
Program or Strategy name: Capacity Enhancement					
Target Population(s): LCCP Action Teams					
Target Location(s): Laramie County					
Describe or provide link to the evidence-base: https://www.wyomingpreventiondepot.org/strategies/strategies/coalition-building/					
Anticipated Strategy Budget: \$3,000.00					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Schedule regular meetings with agendas and minutes	Pop Health	July 2020	June 2022	Time
2	Share data and reports with action team members	Pop Health	July 2020	June 2022	Time
3	Provide relevant training to action team members	Pop Health	July 2020	June 2022	\$3,000.00
<p>Community Conditions: <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>The LCCP is invested in ensuring all action teams are organized, effective, and impactful. We assess best meeting times for members, prevention training needs, and ask for additional feedback to meet the needs of our members and our community. This information informs our collective efforts across the Community Health Needs Assessment.</p>					
<p>Expected Outcomes/ Short and Long-term: <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p>Engaged and effective action teams to implement meaningful change in our community.</p>					
<p>Data and Measurement: <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>Action team member feedback.</p>					

**Community Substance Abuse and Suicide Prevention
Services For Wyoming
Budget Narrative**

TOTAL PROJECT BUDGET:

A. Personnel

Position	Name	(FTE)	Annual Salary/Rate	Fringe Benefits	Year 1	Year 2	Total Cost
Project Director	Brittany Wardle	1	\$ 86,770.32	\$ 9,863.34	\$ 96,633.66	\$ 96,633.66	\$ 193,267.32
Community Outreach and Grant Specialist	Shelbie Ashenbrenner	1	\$ 50,816.56	\$ 6,034.26	\$ 56,850.82	\$ 56,850.82	\$ 113,701.64
Total					\$ 153,484.48	\$ 153,484.48	\$ 306,968.97

Justification:

Project Director: 1.0 FTE. Under the direction of the Community Health Director, responsible for managing all implementation, research and development of strategies to address community substance use and suicide prevention services for Laramie County, Wyoming.

Outreach & Grant Specialist: 1.0 FTE for assisting the Project Director with implementation of community strategies to address substance use and suicide prevention services for Laramie County, Wyoming.

Fringe benefits are calculated at actual expense of benefits taken by employee.

B. Travel.

Purpose of Travel	Location	Year 1	Year 2	Total Cost
Staff local travel	Local Project Activities	\$ 3,000.00	\$ 3,000.00	\$ 6,000.00
Mandatory Meeting	Training Events	\$ 1,000.00	\$ 1,000.00	\$ 2,000.00
Total		\$ 4,000.00	\$ 4,000.00	8,000.00

Justification:

Travel will be necessary for staff to attend approved project activities, local meetings and training events as required. Travel expense estimates are based on mileage (\$0.58 per mile (standard IRS rate)/ average round trip is minimum 360 miles), lodging (\$83 per night), and meal per diems (\$46 per day). Trip expenses average \$470 to \$530. For budget purposes we are using \$500 per trip. This travel covers the entire state of Wyoming, and travel is most commonly done in private vehicles.

C. Equipment and Supplies

Equipment

Item	Year 1	Year 2	Total Cost
No Equipment requested	\$0	\$0	\$0
Total	\$0	\$0	\$0

Supplies

Item	Year 1	Year 2	Total Cost
General Office Supplies	\$450	\$450	\$900
Printing/Marketing/Social Media	\$821	\$821	\$1,642
Total	\$1,271	\$1,271	\$2,542

Justification:

Standard office supplies are requested to carry out and implement project work. Printing for brochures and other educational supplies is estimated at \$0.56 per print/copy. Printing and Marketing used as needed to advance community based initiatives (e.g. flyers, brochures, paid media).

D. Operational Support:

Item	Rate	Year 1	Year 2	Total Cost
None Requested	0	\$0.00	\$0.00	\$0.00
Total		\$0.00	\$0.00	\$0.00

Justification:

E. Other

Community Prevention Service Delivery

Item	Year 1	Year 2	Total Cost
Community Prevention Grants	\$169,050	\$169,050	\$338,100
Zero Suicide QPR License	\$7,500	\$7,500	\$15,000
Media Campaign	\$50,000	\$50,000	\$100,000
Peer Specialist in ED	\$40,000	\$40,000	\$80,000
Strategic Plan Facilitator	\$2,000	\$2,000	\$4,000
Total	\$268,550	\$268,550	\$537,100

Justification:

Community Interventions often stall and enthusiasm is lost when adequate resources are not available to implement the action plan. We hope to support good ideas at the local level to advance prevention work in tobacco, alcohol, suicide and opioid prevention work in Laramie County. A steering committee will review proposals from organizations seeking funding. The proposals will be required to be needs driven and have a documented evidence base. The steering committee will include representatives from the County and Cheyenne Regional.

Sub-Contract:

Item	Year 1	Year 2	Total Cost
None	\$0	\$0	\$0
Total	\$0	\$0	\$0

Justification:

A-E. Community Prevention Services Delivery

Total Amount Requested A-E **\$857,611**

F. Community Prevention Services Implementation

G. Community Support

Capacity Enhancement	\$1,500	\$1,500	\$3,000
Total	\$1,500	\$1,500	\$3,000

Item	Year 1	Year 2	Total Cost
5% of all Direct Expenses	\$ 21,440.27	\$ 21,440.27	\$ 42,880.55
Total	\$ 21,440.27	\$ 21,440.27	\$ 42,880.55

<u>Total Amount Requested</u>	<u>Indirect-5%</u>
\$857,611	\$42,881

Category	Year 1	Year 2	Total Request
Personnel	\$ 153,484.48	\$ 153,484.48	\$306,969
Travel	\$ 4,000.00	\$ 4,000.00	\$8,000
Equipment	\$0	\$0	\$0
Supplies	\$1,271	\$1,271	\$2,542
Operational	\$0	\$0	\$0
Community Prevention Service Delivery	\$268,550	\$268,550	\$537,100
Sub-Contract	\$0	\$0	\$0
Other	\$1,500	\$1,500	\$3,000
Sub-Total	\$ 428,805.48	\$428,805	\$857,611
Administrative Services/Indirect Costs	\$ 21,440.27	\$ 21,440.27	\$ 42,880.55
Total	\$ 450,245.75	\$450,246	\$900,492

All Focus Areas Strategy Budget and Justification

Add additional strategies by copying and pasting as needed. Some cells are locked to preserve the formulas, but not password protected.
Please unlock the sheet as needed.

Travel

Reason for Travel	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
Staff Travel	\$3,000.00	1	Years 1 & 2	\$3,000.00	\$3,000.00	\$6,000.00
Mandatory Meeting	\$1,000.00	1	Years 1 & 2	\$1,000.00	\$1,000.00	\$2,000.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$4,000.00	\$4,000.00	\$8,000.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Travel will be necessary for staff to attend approved project activities, local meetings and training events as required. Travel expense estimates are based on mileage (\$0.58 per mile (standard IRS rate)/ average round trip is minimum 360 miles), lodging (\$83 per night), and meal per diems (\$46 per day). Trip expenses average \$470 to \$530. For budget purposes we are using \$500 per trip. This travel covers the Laramie County travel as well as statewide required travel. Travel is most commonly done in private vehicles.

Objective 1 - Enter Name County Prevention

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
County Prevention Seed Grants	\$142,605.00	1	Years 1 & 2	\$142,605.00	\$142,605.00	\$285,210.00
Media Campaign	\$50,000.00	1	Years 1 & 2	\$50,000.00	\$50,000.00	\$100,000.00
Strategic Plan Facilitator	\$2,000.00	1	Years 1 & 2	\$2,000.00	\$2,000.00	\$4,000.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$194,605.00	\$194,605.00	\$389,210.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Community Interventions often stall and enthusiasm is lost when adequate resources are not available to implement the action plan. We hope to support good ideas at the local level to advance prevention work in tobacco, alcohol, suicide and opioid prevention work in Laramie County. A steering committee will review proposals from organizations seeking funding. The proposals will be required to be needs driven and have a documented evidence base. The steering committee will include representatives from the County and Cheyenne Regional.

Objective 2 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 3 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of Items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Objective 4 - Enter Name

Purchases - Items - Contractor	Cost per Item	# of items/months	Year Requested	Year 1 Budget	Year 2 Budget	Line Total
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
				\$0.00	\$0.00	\$0.00
TOTAL				\$0.00	\$0.00	\$0.00

JUSTIFICATION: In the box below, describe the need and include an adequate justification of how each cost was estimated. Break down cost per person where appropriate.

Total All Focus Areas Strategy Implementation Request	\$198,605.00	\$198,605.00	\$397,210.00
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